Chief-Editor's Note: The role of the family in child education

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The family has the most critical, valuable, and effective roles among all institutions, organizations and social institutions. The family is the most natural and legitimate unit of reproduction and the most comprehensive social unit. The family has educational and social importance. People step into the realm of existence from the family and in the family, and society also comes from the formation of individuals. Therefore, it is one of all society’s main pillars and symbols. The normality or abnormality of society depends on the general conditions of the families, and none of the social harm occurs without the influence of the family. The main and obvious role of the family is reproduction and the transfer of cultural and religious values and heritage from one generation to another. Raising the generation and, providing basic human needs and creating psychological, emotional and social balance in the members are among the importance of the family.

In Islam, the family is considered a solid foundation and a fundamental social institution. The family is established through marriage as a contract based on rights and laws based on death and mercy. Forming a family is a covenant and a commitment between a man and a woman, whose purpose is to provide human needs and peace and tranquility to each other. Parenting is mandatory and a social necessity. It is a skill that we must learn before having children so that parent-child relationships are formed properly. Parenting is a set of methods that parents use for the growth and development of their children. The methods play a role in satisfying the needs, learning, behavior, performance, way of thinking, communication, and raising their child. Therefore, it can be said that learning the skills of growth in child rearing is one of the primary and vital foundations of raising children.

History of parenting: Parenting methods have changed since the 1940s. Since then, the emotional and psychological importance of the child has been strongly influenced by psychoanalysis, and parents’ education and mental health have been further considered because the personality traits and the role of parents directly affect the child's education. We must learn parenting skills before having children. If the education and upbringing of children do not happen in the years of character formation, people will face severe behavioral, communication, emotional, and adjustment problems in adulthood.
Parenting styles: In general, the sources (the horizon of children health) provide three parenting styles:

A) Authoritarian style: Parents who use this style of education for their children attach special importance to discipline and education. This style emphasizes the child's high control, the implementation of rules and regulations, and the parents' orders without reason, and the child's emotions, feelings and emotions are less important. Children in this style are submissive and often aggressive and nervous, and sometimes, they may resort to lying and concealment due to fear of punishment and blame.

b) Permissive style: Permissive and easy-going parents often have limited and few rules and regulations; give their child freedom; are very forgiving in dealing with him; simply ignore their mistakes; And quickly return the points taken away from them against the slightest insistence and request of the children. Parents have warm relationships with their children, but one of the characteristics of these children is low self-esteem, and responsibility and efforts to succeed are less observed in them.

c) Authoritative style: Parents who choose the authoritative style make much effort to have a positive, healthy, and intimate relationship with their children. Besides giving importance to the child's emotions and feelings, they establish specific rules and implement the consequences of not following them. In this way, parents can establish sufficient self-esteem and self-confidence in their children. This method combines the warmth and presence of parents in the child's life, paying attention to their feelings and emotions with a low level of strictness in parenting. Authoritative parenting means that while parents have specific rules and regulations for the child's life, they explain the reasons for implementing them and the consequences of implementing those rules in simple language. They have a warm and loving relationship with their child, and to change the child's behavior, they mainly use encouraging and not punitive methods, and they avoid being too strict in aggressive relationships and punishing and depriving the child. In this educational method, the trust and empathy between parents and children are high and significant. Authoritative parents are united and confirm each other's words in front of the child. They explain family issues to the child in simple language and ask for their opinions and ideas when necessary. The author's research findings show that authoritative parents have seen the best results in the social status of their children and teenagers. In such a family upbringing environment, children have secure attachments and can create warm relationships with others. Studies show that the key to healthy parenting is the warmth and intimacy of parents with each other, and the reflection of this pleasant relationship is manifested in the positive role of parents. As a result, the rule of love and respect over the soothing family atmosphere is experienced moment by moment in the child's life.

We thank God for the success of publishing a collection of articles focusing on "Family and Children" in the summer issue of 1402 to the "Practical Family Therapy" magazine to fulfill our heavy cultural mission in connection with the publication of research findings, scientific excerpts in the framework of the spiritual and desirable values of the system in the field of family and parenting and with trust in God.

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