



The mediating role of latent communication aggression in the relationship between intolerance of indecision and extramarital affairs

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Abstract

Aim: The aim of this study was to investigate the mediating role of latent communication aggression in the relationship between intolerance of indecision and extramarital relationships. **Method:** This is a descriptive study of correlational research. The statistical population of the study consisted of couples who referred to counseling centers in Alborz province in 1398 for marital counseling. The research sample was selected by available sampling. The required sample size in this study was 260 people based on Cochran's method and 254 samples (including 127 males and 127 females) were selected taking into account the sample loss. Research instruments included the Whitley (2008) Attitudes Toward Extramarital Relationships Scale, the Freeston et al. (1994) Uncertainty Intolerance Scale (1994), and the Nelson & Carroll (2006) Hidden Communication Aggression Scale. In this research, path analysis method was used to analyze the data by observing the relevant assumptions. **Results:** The results of data analysis showed that the model fit indices were in good condition. Intolerance of uncertainty directly and indirectly (considering the mediating role of latent communication aggression) affects extramarital relationships ($p < 0.05$). Hidden aggression also directly affects extramarital affairs ($p < 0.05$). **Conclusion:** Based on the research findings, it can be said that correcting intolerance of uncertainty and latent aggression as preconditions of extramarital relationships, improves the quality of marital life of couples, and has a significant effect on preventing extramarital affairs.

Keywords: Hidden communication aggression intolerance of indecision extramarital affairs

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